



Oumas Rusks

Servings: ±30 rusks

Prep Time: 10min

Cook Time: 45min + overnight drying

Ingredients

- 1kg self raising flour
- 2ml salt
- 15ml baking powder
- 125g (3 C) digestive bran
- 200g (5 C) bran cereal flakes
- 300g (1 ½ C) brown sugar
- 100g sunflower seeds
- 500g butter
- 2 eggs
- 500ml buttermilk

Directions

1. Pre-heat oven to 160 degree CelC
2. Melt butter and cool it down
3. Add eggs and buttermilk