



Crackers, Cottage Cheese & Grapes

Servings: 1

Prep Time: 5min

Cook Time: 0



Ingredients

- 4–5 wholewheat crackers
- ¼ cup cottage cheese
- ¼ cup grapes

Directions

1. Spread crackers with cottage cheese.
2. Slice grapes in half and place on top of cottage cheese and serve.