



Home Made Chocolate Greek Yoghurt

Servings: 1

Prep Time: 10min

Cook Time: 0



Ingredients

- 1 over-ripe Banana
- 1 1/2 tablespoons Cocoa Powder
- 1 tablespoon Maple Syrup (or Honey)
- 1/2 teaspoon pure Vanilla Extract
- 1 cup plain, unsweetened Greek Yogurt

Directions

1. Peel and mash the over-ripe banana with the back of a fork. Mix together mashed banana, cocoa powder, maple syrup, vanilla extract and Greek yogurt. Refrigerate covered for up to 5 days.