

Radish Tzatziki

Servings: 4

Prep Time: 5min

Cook Time: 10min



Ingredients

- 1 medium-sized bunch of radishes
- 1 cup Greek yoghurt (full or low fat)
- 1 cloves of garlic
- A splash of cream (optional)
- Lemon juice
- 1 tablespoon of fresh mint, chopped

Directions

1. Top, tail and grate the radishes. Rinse the grated radish in cold water and squeeze to remove any excess starch and liquid.
2. Dry on some kitchen paper, place in a bowl and stir in the garlic, a little lemon juice, the Greek yogurt and the splash of cream, then mix in the fresh mint and taste.
3. Season generously with salt and pepper and serve