

Milo & Banana Smoothie

Servings: 4

Prep Time: 5min

Cook Time: 0



Ingredients

- 4 bananas, peeled and chopped
- 2/5 cup (100 ml) Milo
- 4 cups (1 litre) plain yoghurt

Directions

1. Blend all the ingredients together. Pour into a glass (glass jars if drinking on-the-go) and serve topped with extra sliced banana and a sprinkle of Milo.