

Home-made Strawberry Milk

Servings: 4

Prep Time: 5min

Cook Time: 10min

Ingredients

- 500g (2 punnets) fresh strawberries, hulled
- 125ml (½ cup) castor sugar
- 30ml (2 tbsp) lemon juice
- 1 litre ice-cold milk, to serve

Directions

1. Place the strawberries, sugar and lemon juice in a small saucepan and stir until the sugar has dissolved. Remove from the heat and process until smooth.
2. Pour into ice-block containers and freeze overnight.
3. Serve the ice-cold milk with blocks of frozen strawberry pulp

