

Horlicks and Peanut Butter Cups of Comfort

Servings: 4

Prep Time: 1min

Cook Time: 1min



Ingredients

- 1L boiling water
- 5ml (1 tsp) ground cinnamon
- 250g (2 cups) Horlicks powder
- 150g ($\frac{2}{3}$ cup) smooth peanut butter
- 15ml (1 tbsp) vanilla essence

Directions

1. Pour the boiling water into a large jug and add the cinnamon and Horlicks. Stir well.
2. Add the peanut butter and vanilla essence, then transfer the mixture to a blender. Blitz until the mixture is thoroughly combined, about 1 minute.
3. Pour into mugs or heatproof glasses and serve warm.