

Papaya Smoothie Boats

Servings: 2

Prep Time: 5min

Cook Time: 0

Ingredients

- 1 ripe SPAR Freshline Papaya, halved with seeds removed
- 1 frozen SPAR Freshline Banana
- ½ cup SPAR Freshline Blueberries
- ¼ cup SPAR Freshline Raspberries
- Almond milk
- SPAR Freshline Berries and SPAR Freshline Banana for topping



Directions

1. Blend frozen SPAR Freshline Banana, SPAR Freshline Blueberries, SPAR Freshline Raspberries and almond milk until smooth.
2. Cut papaya in half and remove seeds.
3. Fill papaya with smoothie and top with SPAR Freshline Berries and Banana.