

## Peach Ginger Glow Water

**Servings:** 1

**Prep Time:** 5min

**Cook Time:** 0

### Ingredients

- 1 small sparkling water
- 1 peach, sliced
- Ginger, skin removed and sliced into rounds
- 1 cinnamon stick

### Directions

1. Combine water with the ingredients. Stir (and muddle, if desired) your ingredients to release more flavour. Serve immediately or chill in the refrigerator until ready to drink.

