

Fried Egg and Avocado Toast

Servings: 1

Prep Time: 5min

Cook Time: 5min

Ingredients

- 2 eggs (fried sunny side up)
- 2 slices of bread (toasted)
- 1 small avocado
- 1 teaspoon lime juice
- sea salt + black pepper
- parsley (optional for topping)

Directions

1. Prepare toast and fried eggs to personal preference.
2. Peel and mash avocado with the lime juice, salt and pepper.
3. Spread avocado evenly on each slice of toast then top each with a fried eggs and additional seasonings you prefer. Serve immediately.

