

COFFEE CHIA BREAKFAST PUDDING

Prep Time: 3 minutes

Total Time: 3 minutes

Serves: 2



Ingredients

- 4 heaped tablespoons chia seeds
- 175 ml coffee freshly brewed and reasonably cooled
- 175 ml coconut milk full fat,
1 tbsp almond butter Optional
- 1 tsp vanilla paste
- 2 tbsp erythritol
- 1/2 tsp cinnamon

Directions

1. Put all ingredients in a bowl and stir.
2. Cover and refrigerate overnight.